



## **Greetings Eagle Chapter Members and Friends!**

### **It's October - Our 2018-2019 Donation Drive Has Begun!**

This is the season where we look to see what type of year we're going to have next year. With the participation of our members and supporters in our annual donation drive it helps us determine which of our programs we continue to support verses those that we may need to cut or reduce in scope. Thanks for your generous participation last year, we had a very good year even with costs continuing to increase.

As you can throughout the year, you can go to any page of our website and click on the "Donate" button or send to our PO Box. Regardless of how you chose to donate, please send us a note to let us know how we're doing and any changes you'd like us to make next year. Keep in mind if you send a good idea, don't be surprised if I asked you to help us get it going. :-)  
Thank-you again!

Very respectfully,

Lee

Elia C. (Lee) Chambers  
Chairman/Chief Executive Officer  
Eagle Chapter  
Air Force Security Forces Association

We published our previous chapter newsletter on Sep 9, 2018.

**Eagle Chapter membership is free to all Air Force Security Forces Association members who work or live in DC, DE, MD, VA and WV. Join us.**

**National Law Enforcement Museum Opened  
October 13 in Washington DC**

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Above left, National Law Enforcement Officers Memorial Fund President, Craig Floyd, welcomes museum attendees and runners in the 5K run to the opening of the nation's first National Law Enforcement Museum in Washington DC.

In the center photo, Eagle Chairman, Lee Chambers (at left), presents an Eagle Chapter Coin to a great friend of our chapter, Nick Bruel. Nick is now the Senior Director of Security for the National Law Enforcement Memorial. He moved over from his job at the Memorial Fund where he helped us we getting Air Force packages submitted in time to meet the board for consideration for being recognized by the memorial. Nick is a previous Washington Metropolitan Police Department Officer. His security guard force at the museum have police powers. So cool! It was great to see a friend move on and at the same time reinforcing his commitment to assist if needed. By the way, Craig already has his chapter coin.

In the far right photo, my main reason for attending - also see below. As visitors enter the museum, a thin blue line, inscribed with the names of donors, is located at the top of glass panels that border the walk-way. Panel Number 22, located at the very top (and above the Verizon Theater) is "Eagle Chapter AF Security Forces Assn." We are honored to participate in making the nation's first national law enforcement officer's memorial in Washington DC a reality.

If you ever come to DC, take a half day or longer to visit the memorial. There is so much to see and do. Kids, scientist enthusiast will love the CSI-type displays, press the button to activate different lights on the police car, participate in the training simulator, watch old-style TV/movies and my favorite, "guess what the stink smell is." A simulator in the dog exhibit where visitors can guess what the odor is.



One of everyone's favorites will be the Hall of Remembrance. This area has mementos that have been left behind by visitors to the National Law Enforcement Officers Memorial. It also provides a database where visitors can look up a name of a fallen. Unlike the memorial that only has the name, the database has a photo, profile information, and circumstances surrounding their death. Below, see Airman Sartain's photo that I brought up for this article. Also of interest is 63-hour chime. **Every 63 hours a law enforcement officer dies in the line of duty.** When it rings, it is a poignant reminder of those that have given their all to keep our communities safe.

## NATHAN COLE SARTAIN



*Rank*  
Senior Airman

*Panel*  
23-E: 30

*Department*  
U.S. Air Force, Security Forces Directorate

*End of Watch*  
October 02, 2015

*Age*  
29

*Years of Service*  
2

Senior Airman Sartain and Kcey Ruiz, of the 66th Security Forces Squadron, were protecting the crew and passengers of USAF C-130J on a mission in Afghanistan when the aircraft crashed shortly after takeoff at the Jalalabad Airfield in Afghanistan. All eleven people onboard died and three people on the ground were also killed.

The museum's K9 area has a database of fallen police

**K9.** The museum had a scrolling list of canine that have died while serving in law enforcement. So cool!

**Again, there is too much to see and do to explain here.** I greatly recommend anyone, everyone to visit. If you want to know more about policing, this is THE place to go. There is a small cost associated in order to enter.

### **Woman Volunteer Needed - Veterans Day Wreath Laying at the Women's Memorial**



At left, Eagle Chapter Vice Chair Tidewater Wing (Langley area), Rachel Vis (on the right) stands with the first President of the Women in Service to America Memorial (the Women's Memorial) during a previous Veterans Day Service. This year, Rachel is very busy with the Air Force F-35 bed-down Program and she is not available.

We need a volunteer to lay our chapter's wreath during the Veterans Day Service at the Women's Memorial. All you need to do is be there. We'll arrange for reserve parking, if needed - and of course the wreath. **Please let me know, by Oct 31.** Any female member or female veteran can volunteer.

The event will take place on November 11 at 3:00 PM. We need you to be in place 30 minutes prior. Thank-you again. [Contact me for more information.](#)

### **Great News - TJ's Package is Now at NLEOM**



Earlier this year a visitor to our shrine at the National Law Enforcement Officers Memorial in Washington DC during Police Week asked why didn't we have a tribute to Staff Sergeant Todd Lobraico. It was a very good question given the change in practice by the memorial. We contacted Todd's unit and they did all of the work! **Earlier this week Lt Col Alta Caputo signed the package**

**where MSgt Daniel Rivera submitted the package to NLEO Memorial.** MSgt Rivera gave me an opportunity to

suggest some changes. This has really been a partnership. But again, all of the hard work has been done by MSgt Rivera and the unit. Congratulations.

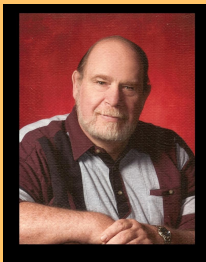
I've reached out to NLEOM Fund. They have confirmed receipt so we are in deed on our way with this package.

So now, we will have at least one package that will be considered for adding one of our own to the NLEOM in DC.

**Progress is being made on two of the other three packages.** They are so old; but in one case the commander agrees with me that if the Airman if the Airman had a good record the circumstances of his death (allegedly goofing off) was not egregious to the extent of disqualify him from being recognized.

**My thanks to my other committee member, SSgt Chris Walker.**

### **Eagle Chapter Board Member, Michael "Mike" Rusaw's Internment Date at Arlington National Cemetery Set**



**It was a real treat for me to meet Mike's church members, family and friends at this Celebration of Life funeral service on his birthday - Sep 12, 2018. As he was a strong member of our board, he was a loving and strong force among his family and friends.**

**Mike's wife, Carol, asked me to let all of you know that his internment at Arlington will be on November 1, 2018 at 2:00 PM.**

**In lieu of flowers, we are so thankful that the family requested that donations be sent in Mike's honor to Eagle Chapter Air Force Security Forces Association.**

For more details, please see Mike's obituary by clicking here.

**In honor of Mike**, we are flying the US Flag at half staff on the chapter's home page and the chapter's About Us Page for 30 days following his internment.

### **Our Gear Back Then verses Your Gear Today**



After seeing a photo of the basic gear that our law enforcement patrols wore back in the day - way back - when I was a Lt Shift Commander and comparing it to the gear that today's police force is wearing, I thought I'd show you one more photo from my visit to the National Law Enforcement Museum.

Above, if you add the handcuff case and a whistle worn on the shirt, I think that is about all that we wore on a patrol when we were in fatigues or battle dress uniform.. When I served in Germany, our Army patrols did have a baton or night stick and they had the 45 auto. Thanks to Dan Lloyd for sharing the photo of his gear from back in the day.

Below, the basic gear for our civilian patrol is very impressive. The gear includes: concealable bullet-resistant vest, hinged or chain-linked handcuffs, Glock 19, belt-worn trauma kit (BTK - BTK includes tourniquet, compression bandages, gauze and gloves), baton (NYPD officers are issued two types), OC (pepper spray), and magazines.





**THE VETERANS PORTRAIT PROJECT COMES TO THE WOMEN'S MEMORIAL: PHOTOSHOOT, NOV. 17 & 18, 10:00 AM TO 4:00 PM.**

Award-winning photographer Stacy Pearsall brings her Veterans Portrait Project to the Women's Memorial.

**Thirty-six women veterans will have the opportunity for a free personal portrait session with Pearsall at the Women's Memorial and get to bring home their very own portrait.**

You must sign up for a time slot in advance and only 36 slots are available over the two days.

[Register for a photo session by clicking here.](#)

The memorial is having a special reception and presentation by Stacy later that day from 6:00PM to 8:00PM. The event is free and open to the public but registration is required.

[Click here for more information and to reserve your spot.](#)

**Eagle Chapter Board Meeting November 7, 2018**

The next Eagle Chapter Board Meeting is **Wed November 7, 2018**. The Eagle Chapter Board of Officers meet monthly on the first Wednesday of the month.

Eagle Chapter Board Meetings are open to all members, spouses, and significant others. Just be willing and able to pitch in to help out! :-)

Contact our [Chapter Secretary](#) for more information.

**Blessed!**



One of my board members once stated, "What is our plan if Lee does a "Tim Russert?" Tim was a Sunday morning talk show host that suddenly died while exercising. I'm still exercising but I do so at a very public gym where - if something should happen, - maybe someone will know what to do. Other than that below is a summary of my health.

**The Cancer.** As many of you know, December 2014, I finally gave in and had the biopsy that my physician suggested earlier in the year at my annual physical. My PSA level had jumped an entire point. Late one January evening in 2015, my doctor called me and gave me the news. I had an aggressive form of prostate cancer. The good news - he said prostate cancer is highly treatable. July 2015, I completed my regimen of radiation therapy and from there I've been having a check up every six months. Last year, my results were so good that my doctor told me to come back in a year. Earlier this month, I had my annual visit. My PSA level was 0.014 and the cancer was still undetectable - no change since my October 2017 examination! I am so blessed!

**The Heart - Pacemaker.** In September 2007, I had a pacemaker installed due to a very low heart rate. The pacemaker's battery is supposed to last 10 years. Mine has been clicking along now on it's 11th year. Each month, I have a check-in with the Veterans Administration in Washington DC where my home device syncs with their device and they tell me how things are going. Right now, they estimate that my batter is good for another six months to a year. When I get close they'll let me know and I'll take it in for a battery change or maybe a complete device change since it's been so long and the technology continues to improve. I am so blessed!

**The Heart - Blood Pressure et al.** Starting with 25 push ups, I'm at the gym every morning by 5AM at least four or five days a week. With that, my blood pressure has been going low. Too low and as a result my doctor has reduced my level of blood pressure medicine by 60 milligrams and she's now trying a different formula. I now lift more weights than I ever did while serving on active duty - I'm much fatter though.

For now, all is good and I'm so blessed! Thanks to those of you who have asked. When have you had your last physical and are you following the doctor's guidance? Feel free to share.

**In closing a few reminders:**

**Mike's Internment at Arlington.** Thanks again to Mike's wife, Carol, for continuing to keep us in the loop. Mike's internment will be at Arlington is Nov 1 at 2PM.

**Veterans Day Female Volunteer Needed.** We need a female volunteer to lay our wreath at the Veterans Day Memorial event at the Women's Memorial on Veterans Day.

**Again, our donation drive has begun.** We thank-you in advance for your consideration and support. Go to any website web page or send to our PO Box. Any questions, please reach out to me anytime.

Thanks for your continuing support!

Very best regards,

Lee

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**You can donate by clicking at this link.** Go to our website and scroll to the bottom of any page. Click on the "Donate" button. Eagle Chapter is a 501(c)(19) Veterans Services Not for Profit Organization.

Please consider Eagle Chapter in your tax-free donation support. Again, you can click on the "Donate" button on any chapter web page to donate via PayPal or send your donation to our P O Box at the address below.